



June 29 – Community

One of the key components in the CrossFit world is this idea of community. CrossFit gyms spend a lot of time and effort helping people build community – not just a community that is nice to each other, but a community that supports, challenges, and keeps accountable. We talk about community in the faith world, but too often that kind of community looks very different. Join us this weekend as we look at what a true faith-filled community looks like and can feel like!

Scripture:

I Thessalonians 5:11-18 NLT

So, encourage each other and build each other up, just as you are already doing. ¹² Dear brothers and sisters, honor those who are your leaders in the Lord's work. They work hard among you and give you spiritual guidance. ¹³ Show them great respect and wholehearted love because of their work. And live peacefully with each other. ¹⁴ Brothers and sisters, we urge you to warn those who are lazy. Encourage those who are timid. Take tender care of those who are weak. Be patient with everyone. ¹⁵ See that no one pays back evil for evil but always try to do good to each other and to all people. ¹⁶ Always be joyful. ¹⁷ Never stop praying. ¹⁸ Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

Acts 2 :42-47 NLT

All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer. ⁴³ A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders. ⁴⁴ And all the believers met together in one place and shared everything they had. ⁴⁵ They sold their property and possessions and shared the money with those in need. ⁴⁶ They worshiped together at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity ⁴⁷ all the while praising God and enjoying the goodwill of all the people. And each day the Lord added to their fellowship those who were being saved.

Questions:

- Where do you have community today? What type of communities are you a part of?
- Think about those communities some more – if you stopped doing the activity around which those communities formed – would you still have that community? Those people as community?
- One of the true tests of authentic, real community is what happens if an activity the group does together stops, do the people still find ways to be there for each other. If you don't have this type of community, and particularly a faith community – what holds you back? How can FAITH help?

Reading for the Week:

- **Monday:** Psalm 133:1
- **Tuesday:** Ephesians 4:25
- **Wednesday:** Romans 12:10
- **Thursday:** 1 John 1:7
- **Friday:** Galatians 6:2